



Constitution

World Fitness Federation
International Ltd

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1 Purposes

1.1 Purposes

The purposes for which the WFF is established are to:

- (a) be the premier organisation for bodybuilding and promote and enforce this Constitution and applicable By-Laws at all levels by:
 - (i) controlling the strategic direction of bodybuilding;
 - (ii) determining the highest level policy for the conduct and management of bodybuilding;
 - (iii) supervising and governing Member Organisations;
- (b) to govern bodybuilding, prevent infringement of this constitution and applicable by-laws and protect bodybuilding from abuse;
- (c) foster friendly relations among officials and competitors of bodybuilding,
- (d) prevent racial, religious, gender or political discrimination or distinction among member organisations;
- (e) promote, provide for, regulate and ensure effective management of bodybuilding competitions and associated activities under the control of the WFF, including through the promulgation and enforcement of applicable rules;
- (f) co-operate with other bodies in the promotion and development of, or otherwise in relation to bodybuilding;
- (g) act in the best interests of the WFF and bodybuilding.

To avoid doubt, the WFF may engage in trade or trading activities consistent with these purposes.

1.2 Alteration of purposes and Constitution

Subject to **rule 7.1**, an addition, amendment or alteration of the purposes in **rule 1.1** or of any other rule contained in this Constitution must be approved by Special Resolution.

2 Income and payments

2.1 Application of income

All the WFF's profits (if any), other income and property, however derived, must be applied only to promote its purposes.

2.2 No dividends, bonus or profit to be paid to Members

None of the WFF's profits or other income or property may be transferred to the Members, directly or indirectly, by any means.

2.3 Payments in good faith

Subject to **rule 9.6**, **rule 2.2** does not prevent the payment in good faith to an office holder or Member, to a firm of which an office holder is a partner or to an organisation of which an office holder or Member is a director, member or shareholder:

- (a) of remuneration for services to the WFF;
- (b) for goods supplied to the WFF in the ordinary course of business;
- (c) of interest on money borrowed from them by the WFF at a rate not exceeding the rate fixed for the purposes of this **rule 2.3** by the WFF in General Meeting; or
- (d) of reasonable rent for premises let by them to the WFF.

3 Membership

3.1 Ongoing Membership

Those entities that were members of the WFF immediately prior to the approval of this Constitution shall continue to be Members in accordance with **rule 3.2**. The WFF must have at least 5 Members.

3.2 Members

The Members of the WFF shall consist of:

- (a) Life Members being individual persons who, subject to this Constitution, have the rights set out in **rule 8.6**;
- (b) Member Organisations being National Organisations or bodies that, subject to this Constitution, have the right to appoint a duly authorised representative to be present, debate and vote at General Meetings;
- (c) Affiliate Organisations being State or Area organisations or bodies that operate without a National Governing Organisation, and have the right to appoint a duly authorised representative to be present and debate at General Meetings.

3.3 Duration of membership

A person admitted to membership under **rule 3.2** will cease to be a Member according to this Constitution and the By-laws, including where the Member is no longer a financial Member as determined by the Directors.

3.4 Members admitted to membership

The WFF must procure that each Member admitted to membership agrees to be bound by and observe:

- (a) this Constitution;
- (b) the Statutes and Regulations and those of the By-Laws of WFF expressed to apply to or in relation to Members;

subject always to the application of the established order of precedence set out in **rule 23.2(a)(iv)**.

3.5 Admission of Members

An applicant for membership as an Member Organisation or Affiliate Organisation must apply for membership of the WFF by application in writing (in the form set out in Appendix 1 or a form which incorporates the applicant's agreement to the details set out in Appendix 1), accompanied by the appropriate fee (if any) and submitted by the applicant or his/her nominated representative and lodged with the WFF.

Subject to the above and to the prior or concurrent completion of any additional WFF membership requirement (if any), the applicant becomes a Member of the WFF at the time of approval of the membership application by the Directors or WFF, as required. Life membership is awarded in accordance with **rule 8**.

3.6 Ceasing to be a Member

Subject to **clause 3.3**, a Member ceases to be a Member on:

- (a) resignation, by notice to the WFF in writing;
- (b) ceasing to satisfy the definition of a Member Organisation or Affiliate Organisation under this Constitution or otherwise under WFF's Rules, Regulations or By-laws;
- (c) deregistration of the entity by the relevant regulatory body (except for the purposes of a WFF approved restructuring or merger in which the new entity takes on the liabilities of the old entity, in which case the new entity will be recognised, or moving to a different regulatory regime in accordance with the law);
- (d) becoming insolvent or making an arrangement or composition with creditors generally or on the appointment of any form of external administration;
- (e) the termination of their membership according to this Constitution; or
- (f) the expiry of the term of their membership according to **rule 3.3**.

3.7 No claim against the WFF

No Member whose membership ceases has any claim against the WFF or the Directors for damages or otherwise.

3.8 Limited liability

Members have no liability to contribute towards the payment of the debts and liabilities of the WFF, or the costs, charges and expenses of the winding up of the WFF.

3.9 Members subscriptions

Membership fees, subscriptions or other amounts payable by Members to the WFF shall be determined by the Directors from time to time. To avoid doubt, the Directors or WFF must not strike or impose any fee, subscription or other amount on any Member in addition to the WFF's regular membership fee, for the right of a Member to attend, debate or vote in general meeting or in any other way disassociates attendance, participation or voting rights at general meetings from the usual rights of Members.

3.10 Register of Members

A register of Members must be kept and contain:

- (a) the name and postal address of each Member;
- (b) the class of membership of the Member (if any);
- (c) the date on which each Member was admitted to membership of the WFF; and
- (d) if applicable, the date of, and reasons for termination of membership.

In addition to the details above, the register must be maintained in the form, and contain such details as may be required by the WFF from time to time. Information about a Member who is no longer a Member of the WFF, other than the Member's name and the date on which the person ceased to be a Member, must be removed from the register of Members within 14 days of cessation of membership.

The register of Members will be made available for inspection by a Member at a reasonable time (but not copying in any form) within a reasonable time of receipt by the Secretary of a written request made by a Member, subject always to restrictions on access to personal information available under law.

4 General meetings

4.1 Annual general meeting

The Annual General Meeting of the WFF shall be held each year in conjunction with the WFF World Championships.

The Annual Congress Meeting of the WFF shall be held each year in conjunction with the WFF Universe Championships.

4.2 Power to convene general meeting

The Directors may convene a general meeting when they think fit.

4.3 Use of technology at general meetings

A Member not physically present at a general meeting may participate in the meeting by the use of technology that allows that Member and the Members present at the meeting to clearly and simultaneously communicate with each other.

For the purposes of these rules, a Member participating in this manner is taken to be present at the general meeting and, if the Member votes (by any method available using the relevant technology) at the meeting, is taken to have voted in person (irrespective of whether voting is stated in these rules to be by show of hands or by poll).

4.4 Notice of general meeting

Notice of a meeting of Members must be given at least 21 days before the meeting and in accordance with **rule 17**.

4.5 Directors entitled to attend general meetings

A Director is entitled to receive notice of and attend and speak at all general meetings.

4.6 Non-receipt of notice

The non-receipt of a notice convening, cancelling or postponing a general meeting by, or the accidental omission to give a notice of that kind to, a person entitled to receive it, does not invalidate any resolution passed at the general meeting or at a postponed meeting or the cancellation or postponement of the meeting.

5 Proceedings at general meetings

5.1 Number for a quorum

Subject to **rule 5.4**, 60% by number of those persons who are Members and eligible to vote are a quorum at a general meeting.

5.2 Requirement for a quorum

An item of business may not be transacted at a general meeting unless a quorum is present when the meeting proceeds to consider it.

If a quorum is present at the beginning of a meeting it is taken to be present throughout the meeting unless the Chairperson of the meeting (on their own motion or at the request of a Member who is present) declares otherwise.

5.3 Quorum and time

If within 30 minutes after the time appointed for a general meeting a quorum is not present, the meeting:

- (a) if convened by, or on requisition of, Members is dissolved; and
- (b) in any other case stands adjourned until the next congregation of the WFF International Committee.

5.4 Adjourned meeting

At a meeting adjourned under **rule 5.3(b)**, 40% by number of those persons who are Members and who are present and eligible to vote are a quorum.

If a quorum is not present within 60 minutes after the time appointed for the adjourned meeting, the meeting is dissolved.

5.5 President to preside over general meetings

The President is entitled to preside as Chairperson at general meetings and may appoint another Director to act as Chairperson, whether the President is personally present at a general meeting or not.

If a general meeting is convened and there is no President, or the President or other appointed Chairperson is not present within 15 minutes after the time appointed for the holding of the meeting or is unable or unwilling to act, the Directors shall appoint a Director to preside as Chairperson for that meeting only.

5.6 Conduct of general meetings

The Chairperson of a general meeting:

- (a) has charge of the general conduct of the meeting and of the procedures to be adopted;
- (b) may require the adoption of any procedure which is in their opinion necessary or desirable for proper and orderly debate or discussion or the proper and orderly casting or recording of votes; and
- (c) may, having regard where necessary, terminate discussion or debate on any matter whenever they consider it necessary or desirable for the proper conduct of the meeting.

A decision by the Chairperson under this rule is final.

5.7 Adjournment of general meeting

The Chairperson of a general meeting may at any time during the meeting adjourn the meeting or any business, motion, question, resolution, debate or discussion being considered or remaining to be considered by the meeting.

The adjournment may be either to a later time at the same meeting or to an adjourned meeting at any time and any place.

The Chairperson may, but need not, seek any approval for the adjournment.

Unless required by the Chairperson, a vote may not be taken or demanded in respect of any adjournment.

Only unfinished business is to be transacted at a meeting resumed after an adjournment.

5.8 Notice of adjourned meeting

It is not necessary to give any notice of an adjournment or of the business to be transacted at any adjourned meeting unless a meeting is adjourned for one month or more.

In that case, the same period of notice as was originally given for the meeting must be given for the adjourned meeting.

5.9 Questions decided by majority

Subject to the requirements of **rule 1.2**, a resolution is carried if a simple majority of the votes cast on the resolution are in favour of it.

5.10 Equality of votes casting vote for Chairperson

Except on a resolution to elect a Director, if there is an equality of votes, whether on a show of hands or on a poll, the Chairperson of the meeting is entitled to a casting vote in addition to any votes to which the Chairperson is otherwise entitled.

5.11 Declaration of results

At any general meeting, a resolution put to the vote of the meeting must be decided on a show of hands unless a poll is properly demanded and the demand is not withdrawn.

A declaration by the Chairperson that a resolution (including a special resolution) has on a show of hands been carried or carried unanimously, or by a particular majority, or lost, and an entry to that effect in the minutes of the meetings of the WFF, is conclusive evidence of the fact.

Neither the Chairperson nor the minutes need state and it is not necessary to prove, the number or proportion of the votes recorded for or against the resolution.

5.12 Poll

If a poll is properly demanded, it must be taken in the manner and at the date and time directed by the Chairperson and the result of the poll is the resolution of the meeting at which the poll was demanded.

A poll demanded on the election of a Chairperson or on a question of adjournment must be taken immediately.

A demand for a poll may be withdrawn.

A demand for a poll does not prevent the meeting continuing for the transaction of any business other than the question on which the poll has been demanded.

A declaration by the Chairperson that a resolution (including a special resolution) has by poll been carried or carried unanimously, or by a particular majority, or lost, and an entry to that effect in the minutes of the meetings of the WFF, is conclusive evidence of the fact, subject always to that declaration being made after the votes are counted.

5.13 Objection to voting qualification

An objection to the right of a person to attend or vote at the meeting or adjourned meeting:

- (a) may not be raised except at that meeting; and
- (b) must be referred to the Chairperson of the meeting, whose decision is final.

A vote not disallowed under the objection is valid for all purposes.

5.14 Chairperson to determine any poll dispute

If there is a dispute as to the admission or rejection of a vote, the Chairperson of the meeting must decide it and their decision made in good faith is final and conclusive.

6 Voting rights of Members

6.1 Votes on show of hands

On a show of hands each Member entitled to vote under **rule 3.2** (and not otherwise disqualified from voting) and present at a general meeting has one vote.

6.2 Votes on a poll

On a poll each Member entitled to vote under **rule 3.2** (and not otherwise disqualified from voting) and present at a general meeting has one vote.

6.3 Proxy voting

Proxy voting is not permitted at general meetings of the WFF.

7 WFF

7.1 Constitution

Member Organisations or Affiliate Organisations must:

- (a) be a body corporate or incorporated association to be recognised by WFF and must:

- (i) agree to be bound by this Constitution, Regulations and by-laws expressed to apply to a Member Organisation or Affiliate Organisation;
 - (ii) only accept competitors, judges and officials as Members and not approve any additional categories of membership without the prior written approval of the WFF;
 - (iii) recognise and enforce any bans, expulsions or other sanctions applied by WFF and applicable to any Members, including but not limited to withdrawing membership rights from those Members which do not meet the definition of Member Organisation or Affiliate Organisation under these rules for any reason;
 - (iv) prevent infringement of the constitutions and by-laws of WFF and protect bodybuilding from abuse;
- (b) amend:
- (i) its Constitution; or
 - (ii) its By-laws,
- to promptly adopt changes in the constitutions and by-laws of WFF made from time to time to the extent that they are applicable to the WFF. In this clause the reference to changes to by-laws includes additional or replacement by-laws;
- (c) not otherwise amend or vary its Constitution without the prior written consent of WFF; or
 - (d) not otherwise amend or vary any of its By-laws without the prior written consent of WFF.

WFF must consent to any amendment to Member Organisation or Affiliate Organisation Constitutions or By-laws, which are required by law.

7.2 Enforcement of rules

Subject to applicable law, the Member Organisation or Affiliate Organisation must:

- (a) promulgate and comply with, and do everything within its power to enforce compliance with, this Constitution, including any regulations or by-laws; and
- (b) co-operate with WFF in all matters relating to the organisation of competitions, the WFF's own competitions and bodybuilding in general.

7.3 Disputes

- (a) This **rule 7.3** applies to a Dispute. In any Dispute, a Member may appoint a person to act on behalf of the Member in the Dispute

procedure, and accordingly, a reference to a party to a Dispute includes reference to a person acting on behalf of a Member.

- (b) The parties to a Dispute must meet and discuss the matter in dispute, and, if possible, resolve the Dispute within 14 days after the Dispute comes to the attention of all of the parties.
- (c) If the parties are unable to resolve the Dispute at the meeting or meetings held in accordance with **rule 7.3(b)**, or if a party fails to attend such a meeting, then the parties must, within 10 days, hold a meeting in the presence of a mediator.
- (d) The mediator must be an unbiased decision maker and must be:
 - (i) a person chosen by agreement between the parties; or
 - (ii) in the absence of agreement:
 - (A) in the case of a Dispute between a Member and another Member, a person appointed by the Directors; or
 - (B) in the case of a Dispute between a Member and the WFF, a person appointed by WFF.
- (e) A Member can be a mediator.
- (f) A Member who is a party to the Dispute cannot be a mediator.
- (g) The parties to a Dispute must, in good faith, attempt to settle the Dispute by mediation.
- (h) The mediator, in conducting the mediation, must:
 - (i) give the parties to the mediation process reasonable opportunity to be heard; and
 - (ii) allow due consideration by all parties of any written statement submitted by any party; and
 - (iii) ensure that natural justice is accorded to the parties to the Dispute throughout the mediation process.
- (i) The mediator must not determine the Dispute.
- (j) If the mediation process does not result in the Dispute being resolved, the parties may then seek to resolve the Dispute at the next general meeting.

8 Patrons and Life Members

8.1 Appointment and removal of Patrons

The Directors may appoint and remove Patrons of the WFF.

8.2 Rights of Patrons

Patrons are:

- (a) entitled to notice of all general meetings;
- (b) entitled to attend and speak at general meetings; and
- (c) not entitled to vote at any general meeting.

8.3 Eligibility for Life Membership

Any Member or Director may nominate an individual for admission as a Life Member.

8.4 Nomination requirements

A nomination under **rule 8.3** must:

- (a) be in writing in the form determined by the Directors from time to time; and
- (b) set out the reasons why, in the opinion of the nominator, the nominee should be considered for Life Membership.

8.5 Admission to Life Membership

Nominations for admission to Life Membership are to be considered by the Directors at their next meeting after the nomination is received.

In their absolute discretion, and without the need to give reasons for doing so, the Directors may recommend the nomination, or decide not to recommend or submit the nomination, to the next annual general meeting for approval.

A nominee is admitted to Life Membership if:

- (a) the Directors recommend that the nominee be admitted to Life Membership; and
- (b) the recommendation is approved by a majority of two-thirds of Members present at the annual general meeting at which the recommendation is considered.

The President of WFF shall automatically be admitted as a Life Member.

8.6 Rights of Life Members

A Life Member:

- (a) must agree to be bound by and observe the rules, regulations, by-laws and other governing documents (for the time being in force and applicable to the person as a Member of the WFF) as set out in **rule 3.4**;

- (b) is not to be counted in a quorum under **rule 5.1**, save for where the Life Member is also a Director;
- (c) has the right to remain a Life Member until they die or resign their Life Membership or unless they are expelled from the WFF;
- (d) subject to any separate agreement with the WFF to the contrary, has no obligation, and may not be required, to pay any subscription or other amount;
- (e) is entitled to receive notice of general meetings;
- (f) is entitled to attend and speak at general meetings; and
- (g) is not entitled to vote at any general meeting, save for where the Life Member is also a Director.

9 Directors

9.1 Number of Directors

There are to be no more than 11 Directors comprised as follows:

- (a) the President;
- (b) the Vice President – Africa;
- (c) the Vice President – Asia and Oceania;
- (d) the Vice President – Europe;
- (e) the Vice President – North America;
- (f) the Vice President – South America;
- (g) the Secretary;
- (h) the Treasurer; and,
- (i) three (3) other committee members;

who must all be representatives of Member Organisations, or Life Members, and who shall be elected under **rule 9.2**.

In the case of clause 9.1(b)-(e) each Vice President must be a representative of a Member Organisation within that respective Continent or granted special dispensation by WFF for the Member organisation to be recognised under that Continent.

9.2 Elections

A Member or a Director may nominate a person for election as a Director (including as President). A nomination must be in writing and signed by the nominator and nominee.

If insufficient nominations are received to fill all available Director vacancies the candidates nominated shall, subject to declaration by the Chairperson, be deemed to be elected.

If the number of nominations received is equal to the number of vacancies to be filled, the persons nominated shall, subject to declaration by the Chairperson, be deemed to be elected.

If the number of nominations exceeds the number of vacancies to be filled, voting papers shall be prepared containing the names of the candidates in alphabetical order, for each vacancy.

Elections shall be conducted by such means as is prescribed by the Directors.

9.3 Term of office

Directors shall hold office for a term of four years and subject to this Constitution, shall hold office from the conclusion of the Annual General Meeting at which they were elected until the conclusion of the fourth following Annual General Meeting.

The President shall hold office in perpetuity until they cease to be a member in accordance with this Constitution.

9.4 Maximum term of office

Unless otherwise approved by the Members in General meeting a Director may not serve more than six consecutive terms as a Director.

If a Director has served six consecutive terms, they may not be elected as a Director again until the fourth annual general meeting after the end of their sixth term of office.

There is no maximum term applicable to the President.

9.5 Casual vacancy

The Directors may at any time, and if the vacancy is for the position of Secretary, must, appoint a person to be a Director to fill a casual vacancy.

A Director appointed under this rule holds office until the end of the term of the Director in whose place they were appointed.

Service as a Director under this rule is a full term of office for the purposes of **rule 9.3**.

9.6 Remuneration of Directors

A Director may not be paid for services as a Director but, with the approval of the Directors, may be reimbursed by the WFF for their reasonable expenses when:

- (a) travelling to or from meetings of the Directors, a Committee or the WFF;
- or

(b) otherwise engaged on the affairs of the WFF.

9.7 Vacation of office

The office of a Director, excluding the President, becomes vacant when the Director:

- (a) is disqualified from being a committee member or is otherwise taken to have vacated their office as a committee member, including on removal by Special Resolution;
- (b) becomes of unsound mind or a person whose person or estate is liable to be dealt with in any way under a law relating to mental health;
- (c) resigns office by notice in writing to the WFF; or
- (d) is not present personally at three consecutive Directors' meetings without leave of absence from the Directors.

9.8 Directors to be bound by WFF Rules

By accepting office, each Director, including the President, agrees to be bound by and observe this Constitution, and any applicable regulations or by-laws, as amended from time to time.

10 Powers and duties of Directors

10.1 Ongoing appointment as Directors

Unless their position is no longer available under this Constitution, those persons who were Directors of the WFF immediately prior to the approval of this Constitution shall continue to be Directors of the WFF in accordance with **rule 9.1**.

10.2 Directors to manage WFF

The Directors are to manage the WFF's business and may exercise those of the WFF's powers that are not required by this Constitution to be exercised by the WFF in general meeting. The Secretary must do those things required to be carried out by the Secretary of WFF.

10.3 Minutes

The Directors must cause accurate minutes of meetings (both general and directors') to be made and kept.

10.4 Signing Cheques and other negotiable instruments

Cheques and other negotiable instruments must be signed by at least two Directors nominated by the Directors.

11 Proceedings of Directors

11.1 Directors meetings

The Directors may meet together for conducting business, adjourn and otherwise regulate their meetings as they think fit. The Directors consent, by accepting nomination as a Director, to meetings being held using any technology that allows the Directors to clearly and simultaneously communicate with each other participating Director.

A Director who participates in a meeting in this manner is taken to be present at the meeting. To avoid doubt, this includes meetings held by telephone and/or video conferencing.

11.2 Questions decided by majority

A question arising at a Directors' meeting is to be decided by a majority of votes of the Directors present and entitled to vote.

11.3 Chairperson's casting vote

The Chairperson of the meeting has a casting vote.

11.4 Quorum

Until otherwise determined by the Directors, six (6) Directors present in person or by proxy is a quorum.

11.5 Effect of vacancy

The continuing Directors may act despite a vacancy in their number. If the number of Directors is reduced below the number required for a quorum, the remaining Directors may act only for the purpose of filling the vacancies to the extent necessary to bring their number up to the number required for a quorum or to convene a general meeting.

11.6 Director attending and voting by proxy

A Director may attend and vote by proxy at a Directors' meeting if the proxy:

- (a) is another Director; and
- (b) has been appointed in writing signed by the appointor in the form set out in **Appendix 2** or a similar form approved by the Directors.

The appointment must be for a particular meeting.

11.7 Convening meetings

A Director may, and the Secretary on the request of a Director must, convene a Directors' meeting.

11.8 President to preside at Directors' meeting

The President is entitled to preside at Directors' meetings.

If the President is not present and able and willing to act within 15 minutes after the time appointed for a meeting or has signified an intention not to be present and able and willing to act, the Directors shall appoint a Director to preside as Chairperson for that meeting only.

11.9 Committees

The Directors may delegate any of their powers to Committees consisting of those persons they think fit, and may revoke that delegation.

11.10 Powers delegated to Committees

A Committee must exercise the powers delegated to it according to the terms of the delegation and to any directions of the Directors.

Powers delegated to and exercised by a Committee are taken to have been exercised by the Directors.

11.11 Committee meetings

Committee meetings are governed by the provisions of this Constitution dealing with Directors' meetings, as far as they are capable of application.

11.12 Circulating resolutions

The Directors may pass a resolution without a Directors' meeting being held if all of the Directors who are entitled to vote on the resolution sign a document containing a statement that they are in favour of the resolution set out in the document.

Separate copies of the document may be used for signing by Directors if the wording of the resolution and statement is identical in each copy.

The resolution is passed when the last Director signs.

11.13 Validity of acts of Directors

Everything done at a Directors' meeting or a Sub-Committee meeting, or by a person acting as a Director (including the Secretary), are valid even if it is discovered later that there was some defect in the appointment, election or qualification of any of them or that any of them was disqualified or had vacated office.

11.14 Conflicts of interest

A Director who has a material personal interest in a matter being considered at a Directors' meeting must, as soon as the Director becomes aware of his or her interest in the matter, disclose the nature and extent of that interest to the Directors.

The interested Director must not be present while the matter is being considered at the meeting and must not vote on the matter.

12 Secretary

12.1 Election and Appointment of Secretary

There must be a Secretary of the WFF (who is a Director) who must be:

- (a) over 18 years of age;
- (b) elected or appointed in accordance with these rules.

12.2 Vacation in office of Secretary

The office of Secretary is vacated in accordance with **rule 9.7**.

12.3 Powers, duties and authorities of Secretary

The Secretary holds office on the terms and conditions and with the powers, duties and authorities as determined by the Directors.

13 By-laws

13.1 Making and amending By-laws

The Directors may from time to time make By-laws, which in their opinion are necessary or desirable for the control, administration and management of the WFF's affairs and may amend, repeal and replace those By-laws, but only to the extent the WFF can do so under **rule 7.1**.

Subject to **rule 7.1**, the WFF in general meeting, may amend, repeal and replace any By-law made by the Directors, but that does not affect the validity of anything previously done by the Directors or anyone under that By-law.

13.2 Effect of By-law

A By-law:

- (a) is subject to this Constitution;
- (b) must be consistent with this Constitution, and if not, the Constitution prevails to the extent of the inconsistency; and
- (c) when in force, is binding on all Members and has the same effect as a provision in this Constitution.

14 Seals

14.1 Safe custody of common seals

The Directors must provide for the safe custody of any seal of the WFF.

14.2 Use of common seal

If the WFF has a common seal or duplicate common seal:

- (a) it may be used only by the authority of the Directors; and
- (b) every document to which it is affixed must be signed by a Director and be countersigned by another Director or another person appointed by the Directors to countersign that document or a class of documents in which that document is included or as otherwise authorised.

15 Funds

15.1 Source of Funds

The funds of the WFF are to be derived from fees paid by Members and any other sources the Directors determine.

15.2 Funds management

The funds of the WFF are to be used solely for the purposes specified in **rule 2.1** in any manner the Directors determine.

16 Inspection and copying of and access to records

16.1 Inspection by Members

The Directors may determine whether and to what extent, and at what times and places and under what conditions, the financial records, securities and other relevant documents of the WFF or any of them will be open for inspection, copying or access by the Members.

16.2 Right of a Member to inspect, copy or access documents

On request, a Member Organisation is entitled to have access to and may copy these rules and the minutes of general meeting (including the annual financial statements of the WFF submitted at the general meeting). A Member does not otherwise have the right to inspect, copy or have access to any financial records, securities or other relevant document of the WFF (including minutes of Directors' meetings) except as provided by law or authorised by the Directors.

16.3 Custody of documents

The Treasurer must keep in his or her custody or control the financial records of the WFF for the current financial year and any other financial records as authorised by the Directors. Except as otherwise provided in these rules, the Secretary must keep in his or her custody or under his or her control all books, financial records, securities and other documents of the WFF.

17 Service of documents

17.1 Document includes notice

In this **rule 17**, **document** includes a notice.

17.2 Methods of service

The WFF may give a document to a Member:

- (a) personally; or
- (b) by sending it by post to the address for the Member in the Register or an alternative address nominated by the Member; or
- (c) by sending it to a fax number or e-mail address nominated by the Member; or
- (d) by posting it on the WFF website.

17.3 Methods of service on the WFF

A Member may give a document to the WFF by:

- (a) delivering it to the Registered Office; or
- (b) sending it by post to the Registered Office; or
- (c) sending it to a fax number or e-mail address nominated by the WFF.

17.4 Post

A document sent by post if sent to an address:

- (a) in Australia, may be sent by ordinary post; and
- (b) outside Australia, must be sent by airmail,

and in either case is taken to have been received on the day after the date of its posting.

17.5 Fax or electronic transmission

If a document is sent by fax or electronic transmission, delivery of the document is taken to:

- (a) be effected by properly addressing and transmitting the fax or electronic transmission; and
- (b) have been delivered on the day following its transmission.

18 Indemnity

18.1 Indemnity of office holders

Every person who is or has been a Director or other office holder of the WFF is entitled to be indemnified out of the property of the WFF against:

- (a) every liability incurred in good faith by the person in that capacity (except a liability for legal costs); and

- (b) all legal costs incurred in defending or resisting (or otherwise in connection with) proceedings, whether civil or criminal or of an administrative or investigatory nature, in which the person becomes involved because of that capacity,

unless:

- (c) the WFF is forbidden by statute to indemnify the person against the liability or legal costs; or
- (d) an indemnity by the WFF of the person against the liability or legal costs would, if given, be made void by statute.

18.2 Insurance

The WFF may pay or agree to pay, whether directly or through an interposed entity, a premium for a contract insuring a person who is or has been a Director or other office holder of the WFF against liability incurred by the person in that capacity, including a liability for legal costs, unless the:

- (a) WFF is forbidden by statute to pay or agree to pay the premium; or
- (b) contract would, if the WFF paid the premium, be made void by statute.

19 Winding up

19.1 Contributions of Members on winding up

Each Member Organisation must contribute to the WFF's property if the WFF is wound up while they are a Member or within one year after their membership ceases.

This contribution is for:

- (a) payment of the WFF's debts and liabilities contracted before their membership ceased;
 - (b) the costs of winding up; and
 - (c) adjustment of the rights of the contributories among themselves,
- and the amount is not to exceed US\$1,000.

19.2 Excess property on winding up

If on the winding up or dissolution of the WFF, and after satisfaction of all its debts and liabilities, any property remains, that property must be given or transferred to another body or bodies:

- (a) having purposes similar to those of the WFF; and
- (b) whose constitution prohibits (or each of whose constitutions prohibit) the distribution of its or their income and property among its or their

members to an extent at least as great as is imposed on the WFF under this Constitution.

That body is, or those bodies are, to be determined by the Members at or before the time of dissolution or, failing that a determination, by a judge who has or acquires jurisdiction in the matter.

20 Financial statements

The Directors must cause the financial statements of the WFF to be kept, disclosed, reported and otherwise dealt with (which may include the financial statements being reviewed or audited) in compliance with applicable legislation.

21 Disciplining of members

21.1 Introduction

This rule sets out the procedure for dealing with disciplinary actions and matters and:

- (a) establishes a Judiciary Panel to hear disciplinary matters of the WFF; and
- (b) sets out the procedures of that Judiciary Panel.

21.2 Judiciary Panel

The Judiciary Panel shall be convened and function as follows.

- (a) The Directors may convene a Judiciary Panel of such persons (being unbiased decision makers), on such terms and for such purpose(s) as is required. A member of each Judiciary Panel appointed shall act as Judiciary Panel Secretary and keep records of all investigations and decisions.
- (b) The jurisdiction of a Judiciary Panel shall be limited to matters referred to it by the Directors in accordance with the Constitution and this rule.
- (c) Every referral to a Judiciary Panel shall be clear and unambiguous and shall clearly set out the matter(s) required to be investigated or determined by the Judiciary Panel.
- (d) Upon a referral to a Judiciary Panel the Judiciary Panel Secretary shall, as soon as practicable, appoint a time and place suitable to the Judiciary Panel for the proceedings.
- (e) A Judiciary Panel shall conduct any referral to it within such reasonable time as the Directors direct, provided always that a concerned person may apply for an adjournment by application in writing to the Judiciary Panel chairperson. Such application must be received at least 2 days prior to commencement of proceedings.

- (f) A Judiciary Panel shall have power to require the attendance of any Member or WFF representative at any proceedings before it. Notice shall be given in accordance with this rule. Where a person who is required to attend, fails to attend without reasonable excuse, the Judiciary Panel may draw such inferences from that failure to attend as it considers reasonable.
- (g) The quorum for a Judiciary Panel shall be determined by the Directors.

21.3 Proceedings

The proceedings of a Judiciary Panel shall be conducted as follows.

- (a) Upon receipt of a referral the Judiciary Panel may request the party or parties concerned in the referral appear before it. Such request shall be in writing either delivered personally or in appropriate cases by post or facsimile or email to the appropriate address or facsimile number of the party or parties concerned. The Judiciary Panel shall inquire into, or determine, the matters in question.
 - (i) A notice given by post shall be deemed to have been given on the day following the day on which it was posted.
 - (ii) A notice given by facsimile or email shall be deemed to be given upon receipt of a confirmation report confirming the facsimile was received at the facsimile number or where the email was not confirmed undeliverable at the email address to which it was sent.
- (b) Proceedings shall take place as soon as practicable. All parties concerned shall be given at least 7 days notice of the proceedings by the Judiciary Panel. The notice shall:
 - (i) be in writing;
 - (ii) state that the party or parties concerned are required to appear and in what capacity;
 - (iii) state the nature of the proceedings and the matters or alleged offence(s) the subject of investigation or determination, the possible penalty or penalties and the date, place and time of the hearing; and
 - (iv) be delivered in accordance with **rule 21.3(a)** above.
- (c) Persons appearing before the Judiciary Panel shall be entitled to call witnesses but must state their case in person unless the Judiciary Panel has permitted representation through an advocate. No person appearing before the Judiciary Panel shall be entitled to legal representation as of right at the proceedings. The chairperson will consider all requests for legal representation made by a party but the decision to allow legal representation is at the sole discretion of the chairperson. The chairperson is not required to give reasons for such

decision. The person appearing before the Judiciary Panel and his/her witnesses shall be given a full opportunity to be heard. In his/her absence, or in the absence of his/her witnesses, a decision may be made by default. Before making a decision in default of appearance, the Judiciary Panel must satisfy itself that the party concerned was aware of the time, date and place of hearing and had been requested to appear in accordance with this rule.

- (d) The Judiciary Panel chairperson shall announce the opening of the proceedings, stating the Judiciary Panel's authority, jurisdiction, composition and the nature and purpose(s) of the proceedings.
- (e) The procedure to be followed at proceedings shall be clearly explained by the Judiciary Panel chairperson. The Judiciary Panel chairperson shall state who is entitled to be present throughout proceedings during evidence and submissions.
- (f) The matter(s) the subject of proceedings shall then be read to the person(s) concerned. The body or person reporting the matter(s) the subject of the proceedings shall be given the opportunity to report the circumstances of those matter(s). The person(s) concerned will be given the opportunity to respond to this report and present evidence and submissions as to their view of the circumstances of those matter(s). Any witnesses called by either the reporting body or the person(s) concerned will be given the opportunity to give evidence or make submissions. Witnesses may be questioned on their evidence. Evidence and/or submissions may be tendered in writing.
- (g) The Judiciary Panel will consider the evidence presented. The Judiciary Panel may adjourn the hearing if necessary to do so. No other person shall be present or partake in any discussion with the Judiciary Panel at this time. If the Judiciary Panel finds an offence has not been committed or not proved it will advise the Directors and dismiss the charge accordingly.
- (h) If the Judiciary Panel finds an offence has been committed or proved it may impose, in its discretion, an appropriate penalty or penalties. It may also report its findings to the Directors with such recommendations as it considers appropriate. The Judiciary Panel chairperson will declare the proceedings closed.
- (i) If a decision cannot be given immediately after proceedings, the relevant party or parties must be advised of the time and place at which the decision will be given. The decision, any penalty and notice of the person's appeal rights shall be given in writing and signed by the Judiciary Panel chairperson.
- (j) Every decision of a Judiciary Panel under this rule shall be conveyed in writing to the parties concerned.

21.4 Penalties

- (a) Penalties which may be imposed include (but are not limited to):

- (i) a reprimand;
 - (ii) suspension, from such activities of the WFF, including but not only competition, on such terms and for such period as the Judiciary Panel thinks fit;
 - (iii) disqualification from a particular competition, activity, event or events;
 - (iv) expulsion from the WFF;
 - (v) a fine, imposed in such manner and in such amount as the Judiciary Panel thinks fit, not exceeding \$US10,000; or
 - (vi) such combination of any of the above penalties as the Judiciary Panel thinks fit.
- (b) During proceedings, the subject(s) of the proceedings may be suspended, on such terms and for such period as the Judiciary Panel thinks fit and shall remain under suspension unless the Judiciary Panel decides otherwise.

21.5 Effect of Penalty

- (a) Where a Member is suspended under this rule, all rights and privileges of that Member shall be forfeited, either partially or completely, during the period of suspension. In the case of complete suspension, a Member shall also forfeit all WFF rights during the currency of the suspension.
- (b) Where a Member is expelled under this rule his membership of, and representation rights and privileges in, the WFF shall be forfeited immediately and membership shall cease.
- (c) There is no right of appeal against a decision of a Judiciary Panel under this rule.

22 Definitions and interpretation

22.1 Definitions

In this Constitution unless the contrary intention appears:

By-law means a by-law made under this Constitution.

Competition means any competition, tournament or league registered with WFF.

Constitution means this constitution as amended from time to time, and a reference to a particular rule is a reference to a rule of this Constitution.

Director means a director of the WFF and includes the President.

Directors means all or some of the directors of the WFF acting as a board.

Dispute means a dispute under this Constitution between:

- (a) a Member and another Member; or
- (b) a Member and the WFF.

Life Member means a person admitted as such under **rule 8**.

Member means a member of the WFF admitted to membership under **rule 3.2**.

Member Organisation means any entity registered with WFF in accordance with this Constitution for such time as the Member Organisation:

- (a) remains registered and financial with WFF; and/or
- (b) is otherwise approved by WFF from time to time to administer Competitions under the auspices of WFF.

Patron means any person of influence or support appointed by the WFF as a Patron of the WFF under **rule 8.1**.

President means the President from time to time of the WFF.

Secretary means the Secretary from time to time of the WFF.

Registered Office means the registered address of the WFF from time to time.

Registrar means the Registrar from time to time of the WFF.

Special Resolution means a special resolution voted for at a General Meeting and passed by not less than 75% of the members present and eligible to vote.

Statutes and Regulations means the Statutes and Regulations of WFF in force from time to time.

WFF means World Fitness Federation International.

22.2 Interpretation

(a) In this Constitution:

- (i) **(presence of a Member)** a reference to a Member present at a general meeting or other forum under these rules means the Life Member present in person or by attorney or an Ordinary Member present through the presence in person of a duly authorised representative of an Ordinary Member;
- (ii) **(annual general meeting)** a reference to an annual general meeting in a calendar year, is a reference to the annual general meeting required to be held by the WFF in that calendar year; and

- (iii) **(document)** a reference to a document or instrument includes any amendments made to it from time to time and, unless the contrary intention appears, includes a replacement.
 - (iv) **(precedence)** unless contrary to law or expressly stated to the contrary, in the event of inconsistency between any Statutes, Rules, Regulations, Laws, Policy or other governing document of a relevant body or bodies, the relevant governing document of the relevant body applies in accordance with the established order of precedence within the WFF, from international, national, state and regional, down to local level.
- (b) In this Constitution unless the contrary intention appears:
- (i) **(gender)** words importing any gender include all other genders;
 - (ii) **(person)** the word “person” includes a firm, a body corporate, a partnership, a joint venture, an unincorporated body or WFF or an authority;
 - (iii) **(successors)** a reference to an organisation includes a reference to its successors;
 - (iv) **(singular includes plural)** the singular includes the plural and vice versa;
 - (v) **(instruments)** a reference to a law includes regulations and instruments made under it;
 - (vi) **(amendments to legislation)** a reference to a law or a provision of a law includes amendments, re-enactments or replacements of that law or the provision, whether by a State or the Commonwealth or otherwise;
 - (vii) **(signed)** where, by a provision of this Constitution, a document including a notice is required to be signed, that requirement may be satisfied in relation to an electronic communication of the document in any manner permitted by law or by any State or Commonwealth law relating to electronic transmissions or in any other manner approved by the Directors; and
 - (viii) **(writing)** “writing” and “written” includes printing, typing and other modes of reproducing words in a visible form including, without limitation, any representation of words in a physical document or in an electronic communication or form or otherwise.

22.3 Corporations Act 2001 (Cth.)

In this Constitution unless the contrary intention appears an expression has, in a provision of this Constitution that deals with a matter dealt with by a particular provision of the Corporations Act 2001 (Cth.), the same meaning as in that provision of the Corporations Act 2001 (Cth.).

22.4 Headings

Headings are inserted for convenience and do not affect the interpretation of this Constitution.

22.5 “Include” etc

In this Constitution the words “include”, “includes”, “including” and “for example” are not to be interpreted as words of limitation.

22.6 Powers

A power, an authority or a discretion reposed in a Director, the Directors, a Sub-Committee, the WFF in general meeting or a Member may be exercised at any time and from time to time.

APPENDIX 1 – Membership Application of World Fitness Federation

I,, of, being a duly

authorised officer ofInc/Ltd apply to become a
(*name of Organisation*)

Member Organisation / Affiliate Member of the *World Fitness Federation*,

and agree to be bound by and observe the following (for the time being in force and applicable to a Member of the WFF):

- (a) this Constitution;
- (c) the Statutes and Regulations and those of the By-Laws of WFF expressed to apply to or in relation to Members as applicable.

.....
Signature of duly authorised officer of applicant

Date

APPENDIX 2 – Form of Appointment of Proxy

(For use at a Directors' meeting only)

I,
(name)

of
(address)

being a Director of *World Fitness Federation*

appoint
(name of proxy holder)

of
(address of proxy holder)

being a Director of that WFF, as my proxy to vote for me on my behalf at the Directors' meeting of the WFF to be held on

.....
(date of meeting)

and at any adjournment of that meeting.

My proxy is authorised to vote in favour of/against* the following resolution (insert details of resolution).

.....
Signed
Date

* Delete if not applicable

